

Piano Technique

Based on the teachings of Chopin

- > Play **hands seperately** for the following exercises
- > Scales should be practiced slowly, evenly and daily
- > Use a metronome to get a regular rhythm
- > Play scales with a **relaxed wrist** and keep the elbows free and loose.
- > Play the notes with just the fingers not with the hand.
- > With number 2, lift fingers up high. This builds up strength in the fingers

(1) Staccato (2) Accented Staccato (3) Legato

Right Hand

LH

The next step is to play a whole octave using the three styles

RH

LH

- When the thumb goes under, give the hand a slight twist to help
- Let the hand glide up and down the keyboard **smoothly**, not in steps
- Always keep your elbow free and loose

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- (1) Staccato -> Played short and sharp notes, separated
 - (2) Accented Staccato -> Played with more force (louder)
 - (3) Legato -> Smooth and connected notes (like a spoken sentence)